

SNAPSHOT OF
Caregiving
in Manitoba



Caring in Canada 2026

The Canadian Centre for Caregiving Excellence's report, *Caring in Canada 2026*, analyzes data collected in the 2025 National Caregiving Survey. Who cares in Manitoba and what supports are needed to improve their experience?

Accessing Support

- 74% said their care recipient has not received services and 42% said they had not attempted to access paid care services for their care recipient.
- 87% have not accessed supports for caregivers in the last 12 months and 42% did not know if they were eligible for supports for caregivers.

What supports would Manitoban caregivers find helpful?

79%	Improved access to home care services
73%	Respite services
72%	Free counselling and other mental health supports

Financial Impacts

- 65% have experienced some financial hardship due to caregiving.
- Only 10% have used financial supports or other tax credits.
- 38% spend between \$200–\$1,000 a month on caregiving expenses, and 18% of caregivers spend more than \$1,000 a month.

What would Manitoba caregivers find the most helpful to decrease financial stress?

88%	An expanded and refundable Canada Caregiver Credit
84%	Paying caregivers for some of the hours they provide care
82%	A monthly caregiving allowance

How are they doing?

“ I retired early so that I didn’t need to disrupt work due to being a caregiver. I believe employers should try to be more flexible, but it isn’t always possible.
Manitoban caregiver

69% experience some negative emotional impact due to caregiving

78%	23%
feel overwhelmed or anxious	experience depression

Who are Manitoba’s Caregivers?

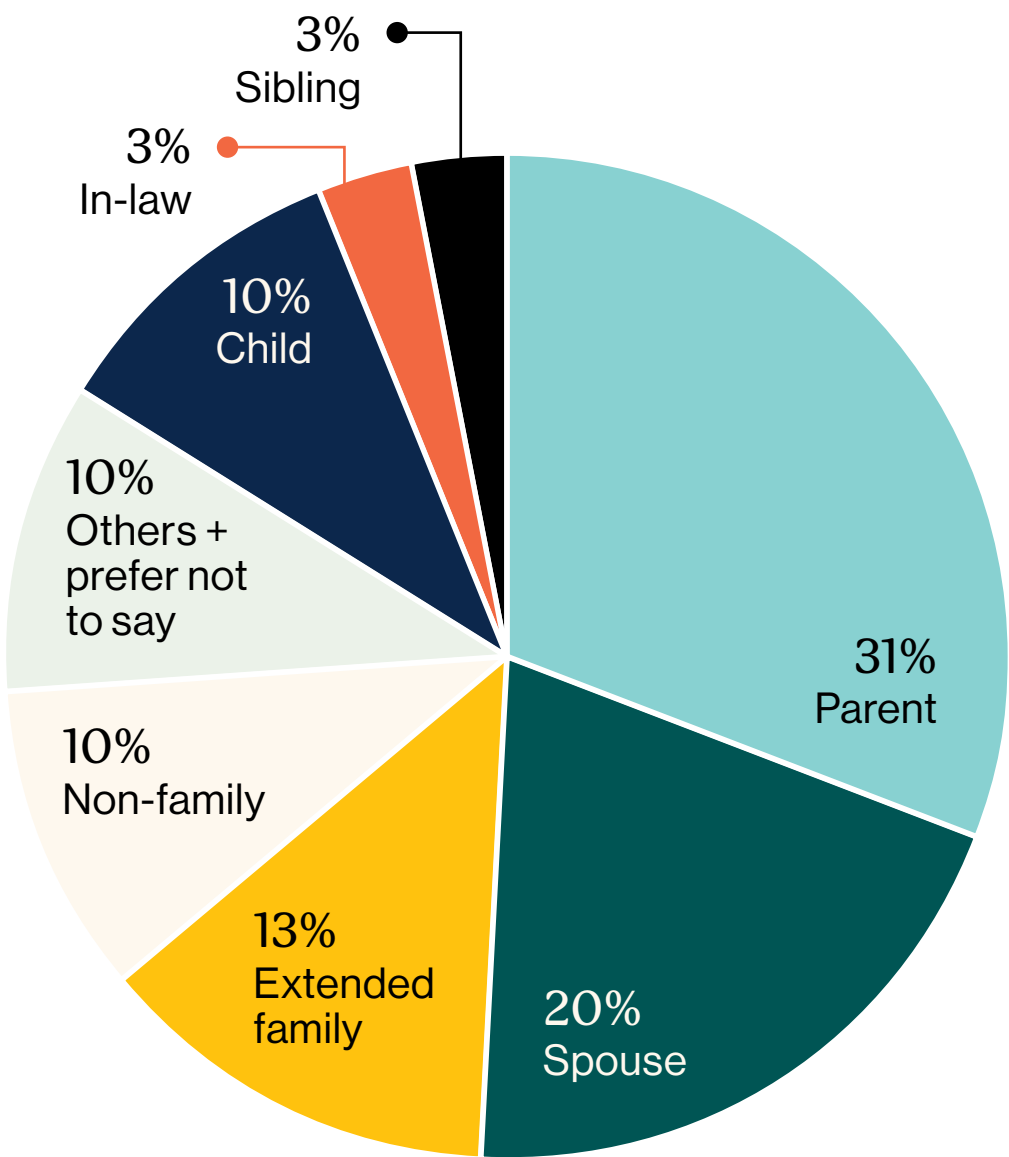
4.8 hours

Average hours of care per day

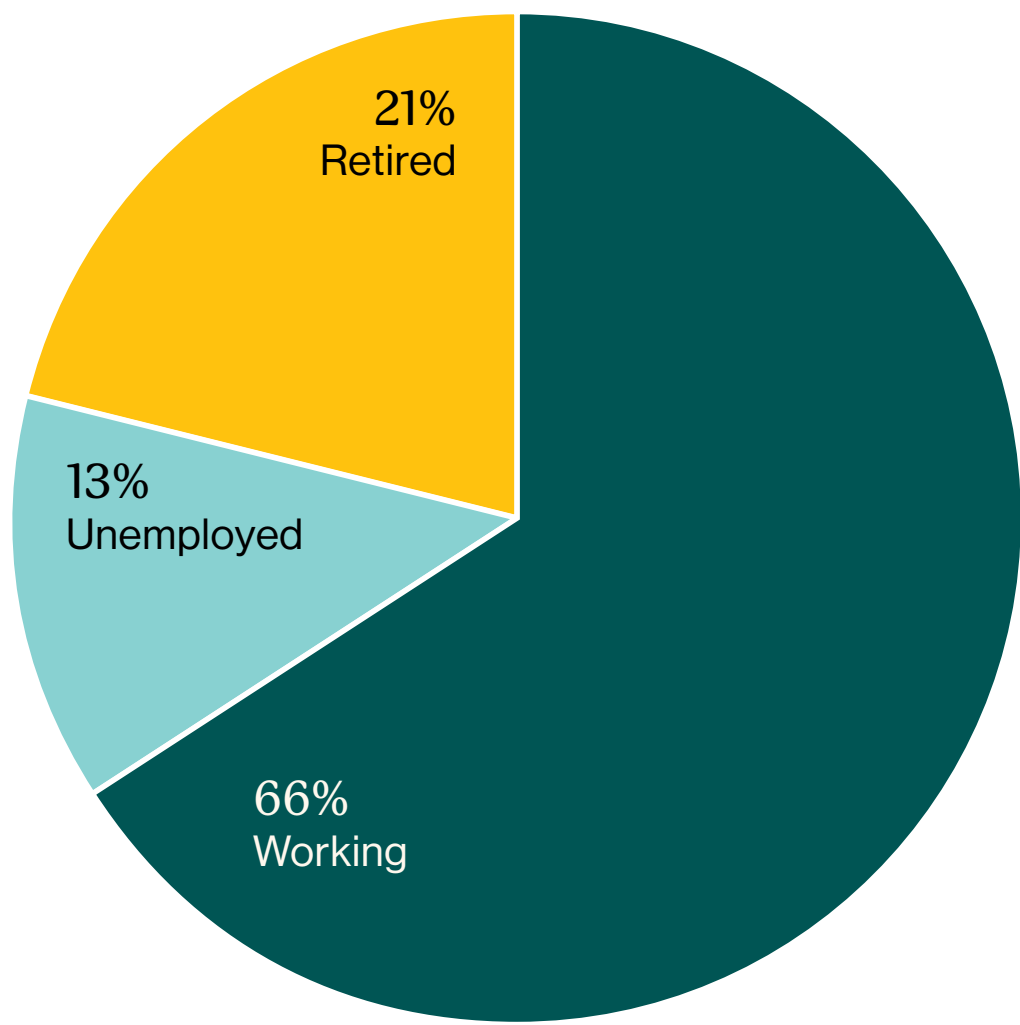
6.6 years

Average number of years providing care

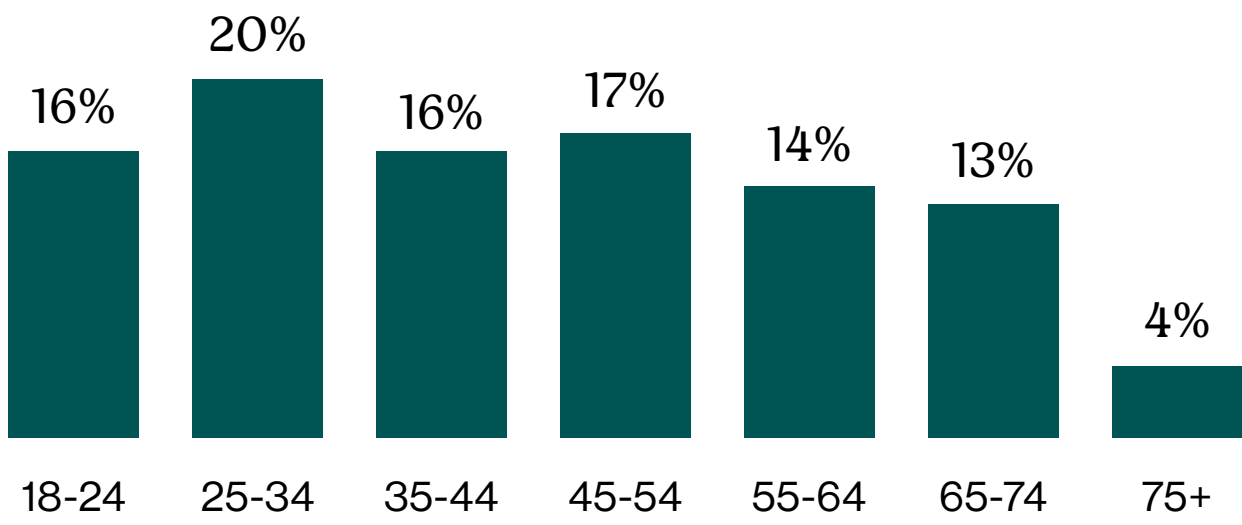
Who are they caring for?



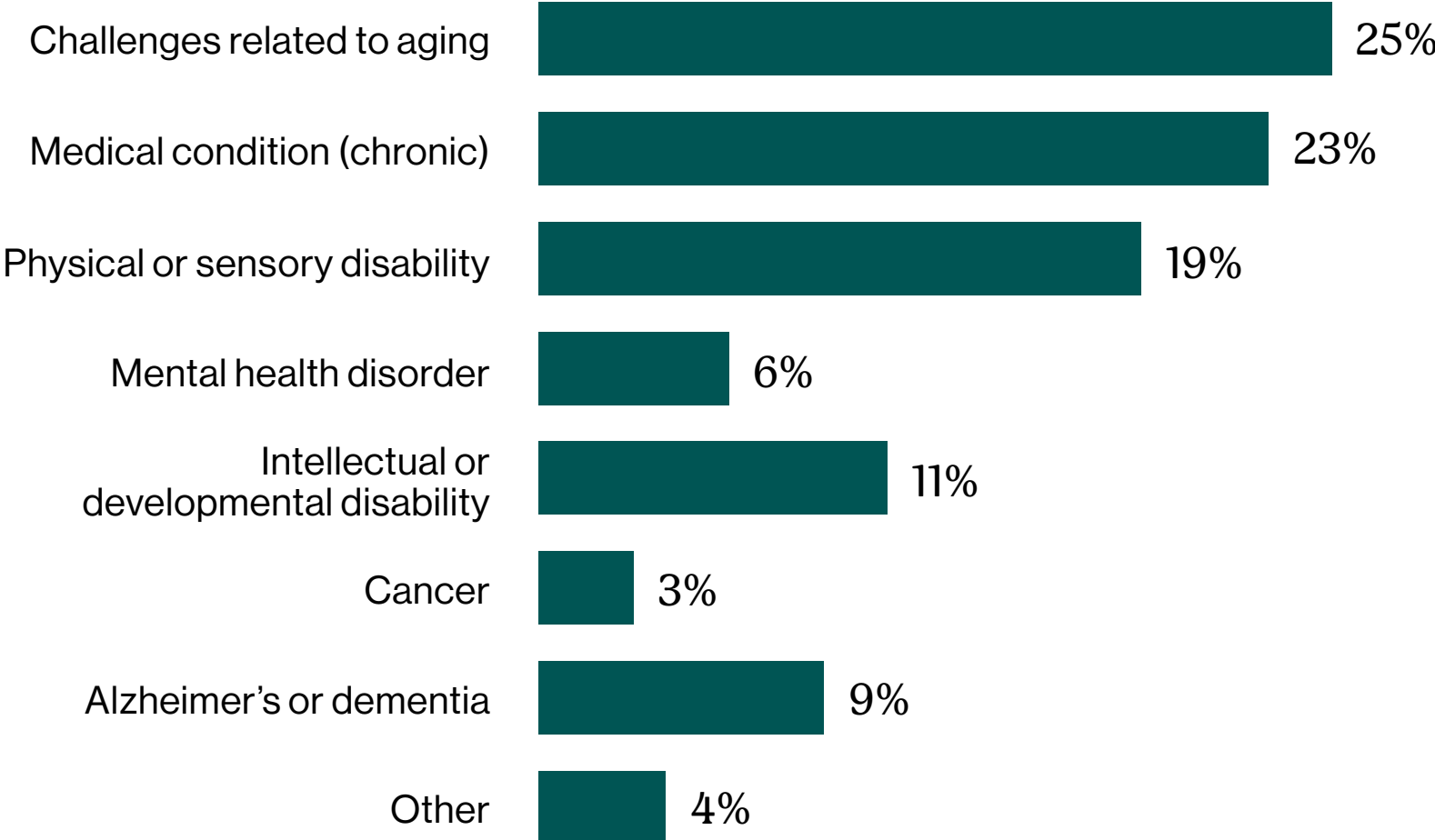
Employment status



Caregiver age



Caring for people with



How supported do they feel?

62% do not feel supported by the government

34% feel not at all supported

12% feel abandoned by government

Notable insights from Manitoba

57% Manitoba has the highest proportion of caregivers working full-time; it is unsurprising that 75% of caregivers want caregiver-friendly workplace policies

16% Manitoba has the highest proportion of young caregivers (aged 18 to 24) in Canada

