

The Meaning of Care and Care Work in Nunavut



Canadian Centre for Caregiving Excellence



Nunavummi Disabilities Makinnasuaqtiit Society

With support from the Canadian Centre for Caregiving Excellence, Nunavummi Disabilities Makinnasuaqtiit Society travelled across Nunavut to conduct the first study of its kind to consult with Nunavut's 25 communities on disability and care.

About the participants

Care is one of the top three most pressing areas of concern among Nunavummiut, alongside transportation and community-based support for people with disabilities.



Residents from all **25** communities across Nunavut



543 Nunavummiut participated in group and individual interviews



88% of our participants identified as Inuk (Inuit)

How do Nunavummiut view care?

The essence of care and caregiving in the Inuit context is deeply intertwined with traditional values and practices. To Nunavummiut who participated, the meaning of care is:



What do Nunavummiut caregivers need to feel supported?



Increased financial support



Access to home care services



Community-based **long-term care homes** and other care institutions



More training for services providers and caregivers

Access to respite care, including daycare, Elder care, and care on weekends and after working hours