

Siblings Canada Book Recommendations

Books can be a way for siblings to feel less alone in their experiences. It can also be helpful for other family members as well as service providers to get a better understanding of the life of siblings.

Here, you will find some fiction and non-fiction recommendations that centre the experiences of siblings:

Non-fiction

1. [Freeing Teresa: A True Story about My Sister and Me](#), by Franke James, William James, Teresa Heartchild (2023) 
2. [Brother. Do. You. Love. Me.](#), by Manni Coe and Reuben Coe (2022); Greystone books
3. [Edna's Gift: How My Broken Sister Taught Me to Be Whole](#), by Susan Rudnick (2019); She Writes Press 
4. [Being the Other One: Growing Up with a Brother or Sister Who Has Special Needs'](#), by Kate Strohm (5th edition 2018); Wakefield Press
5. [Riding the Bus with My Sister: A True Life Journey](#), by Rachel Simon (2013); Grand Central Publishing
6. [The Music Room](#), by William Fiennes (2010); The Sound of Turquoise, By Gill Gregory (2009); Picador
7. [Boy Alone: A Brother's Memoir](#), by Karl Taro Greenfield (2009); Harper
8. [Special Siblings: Growing Up with Someone with a Disability](#), by Mary McHugh (2002); Brookes Publishing Co
9. [The Ride Together: A Brother and Sister's Memoir of Autism in the Family](#), by Paul Karasik & Judy Karasik (2003); James Bennett Pty Ltd
10. [Hamlet's Dresser: A Memoir](#), by Bob Smith (2003); Simon and Schuster
11. [What About Me?: Growing Up with a Developmentally Disabled Sibling](#), by Bryna Siegel & Stuart Silverstein (2001); Da Capo Press
12. [My Sister's Keeper: Learning to Cope with a Sibling's Mental Illness](#) by Margaret Moorman, (1992); W. W. Norton & Company

13. [Thicker Than Water: Essays by Adult Siblings of People with Disabilities](#) by Don Meyer (2009); Woodbine House
14. [How to Be a Sister: A Love Story with a Twist of Autism](#) by Eileen Garvin (2010); The Experiment

Fiction

1. [The Best Sleepover in the World](#) by Jacqueline Wilson (2023); Young Corgi
2. [A Little Life](#) by Hanya Yanagihara (2022); Picador
3. [Summer Brother](#) by Jaap Robben, translated from the Dutch by David Doherty (2021); World Editions
4. [My Sister's Keeper](#) by Jodi Picoult (2018); Hodder
5. [Goodbye Tsugumi](#) by Banana Yoshimoto (2002); Faber & Faber
6. [Sleepovers](#) by Jacqueline Wilson (2008); Young Corgi

Have you read a book about the sibling experience that you think should be added to this list? If so, let us know by email info@siblingscanada.ca. Canadian books as well as those in other languages are especially welcome.